

LaganView Weekly Activities

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning Tai-Chi for Health 10.30am-12.30pm. Tai-Chi (for those dealing with pain) 12.30pm-1.30pm Contact Suzanne 07802820259</p>	<p>Morning -TAMBA NI (1st & 3rd Tuesday each month) 10am-12pm Contact Lucene on 07548059910</p>	<p>Morning -The Journey Tots 10am-11.30am.</p>	<p>Morning -Tiny Life Parents Support group (every 3rd Thursday) 11am-1pm. Contact Louise on 028 9081 5050.</p>	<p>Morning -Tai-Chi (U3A) 10am-11am(beginner) & 11am-12pm (intermediate) Contact Sally on 07872908321 -Lisburn Citizens Advice Bureau 930am-1230pm Contact Ursula on 028 9266 2251</p>	<p>Morning & Afternoon -Lisburn Gaming Club 9am-630pm Contact Colin on 07462485858.</p>
<p>Afternoon -Pilates (U3A) 4pm-5pm Contact Brenda on 07866762802.</p>	<p>Afternoon -Be Nifty over 50 2.30pm-4pm. Contact Carl on 028 9252 8139</p>	<p>Afternoon -Lisburn Harmony Art 1.30pm-3.30pm Contact Joanne on 028 9267 0055. -Pilates (U3A) 4pm-5pm Contact Brenda on 07866762802.</p>	<p>Afternoon -NI Holistic Therapies 115pm-4pm Contact Angela on 02892670755. (alternate weeks) -U3A Monthly Meeting (last Thurs of the month) 2pm-4pm Contact Anne-Marie on 07989541360</p>	<p>Afternoon -Lisburn Community Advice NI 130pm-330pm (appt only) Contact Ursula on 028 9266 2251</p>	
<p>Evening -BME Junior Group (5-9yrs) 6pm-730pm. Contact Francie on 07895757720.</p>	<p>Evening -Strong by Zumba 730pm-830pm Contact Shannon on 07748187526. -BME Senior Group (10+yrs) 7pm-9pm -Sminions (12-15yrs) 7pm-9pm. Contact Francie on 07895757720.</p>	<p>Evening - My Dog's Best Friend 6.30pm-9.30pm Contact Alan on 07989387407 - Victory World Outreach 7.30pm-9pm Contact Kate on 07513833364 - Old Warren Senior Group (12-15yrs) 7pm-9pm -Senior Group Resurgam Renegades (14-17yrs) 7pm-9pm -The Inclusion Project (BME & Indigenous 12-15yrs) 7pm-9pm Contact Francie on 07895757720.</p>	<p>Evening -Highland Dance (4+yrs) 6.30pm-8.30pm Contact Sarah on 07702286682 -Smarties Youth Group (5-7yrs) 630pm-730pm -Gummy Bears Youth Group (8-10yrs) 740pm-840pm Contact Francie on 07895757720.</p>	<p>Evening Lisburn Gaming Club 730pm-1130pm (once a month) Contact Colin on 07462485858.</p>	<p>Evening -Senior Citizens Saturday Club 7pm-9pm Contact Jim on 07772145436.</p>

The above is a list of activities that happen on a regular basis in LaganView. The centre is also available on Sundays and throughout the week there are additional slots available for hire. If you require any further information on the above activities please ring the designated numbers.

Please keep up-to-date with all our current news via our facebook page www.facebook.com/laganviewenterprisecentre